

BLACK LION – NEW QUAY

All Meals Subject To Availability

All GF & Vg Meals are served with homemade potato wedges where chips are served with a meal (unless *you* state otherwise)
Please state if a **Vegan** or **Dairy Free** option is required – and non-suitable sauces will not be served
Our chips are cooked in the same oil as deep fried meals

GF Seeded Bun Replaces Non GF ****Please State GF When Ordering****

***Please State Any Food Intolerances Or Food Preferences You Have When Ordering It Will Affect The Way We Prepare Your Meal**

Our homemade chipped potatoes are seasoned with sea salt | mixed leaf side salad served with honey & mustard dressing

LUNCH - Only Served 12-3pm (In Addition To Menu Below)

Baguettes 7.40 Available on white or wholemeal. All served with mixed leaf & pepper side salad & coleslaw

BBQ Pulled Pork

Roasted Beetroot, Mushroom, Tomato & Balsamic Reduction (V)

Roasted Cajun Chicken & Lemon Mayonnaise

Breaded Haddock Goujons with tartare sauce

Jacket Potato 7.90 All served with mixed leaf & pepper side salad & coleslaw

BBQ Pork Pulled

Roasted Beetroot, Mushroom, Tomato & Balsamic Reduction (V)

Cajun Chicken & Lemon Mayonnaise

Prawn & Marie Rose Sauce +1.50 supp

Lite Bites

Soup Of The Day with bread roll & welsh salted butter 5.90

Welsh Rarebit with pickled vegetables (V) 6.80

All Of The Below Are Served @ Lunchtime 12-3pm & Evening 5-8pm

Our Salads – mixed leaves, peppers, marinated tomatoes, cucumber & black lion palm sugar dressing with.....

Orzo 'little pasta' Salad pesto, olives, parmesan & crispy croutons
Or

Couscous Salad with pine nuts & roasted beetroot

both of the above with a choice of

Grilled King Prawns / Chargrilled Chicken Strips / Grilled Teifi Halloumi
13.50

Spiced Pulled Lamb Salad with pearl barley, goat cheese & roasted vegetables 14:50

Black Lion Homemade Mains

Black Lion Curry - Chicken (GF) (DF) Or Vegetable (V) (GF) (VG) (DF) with either rice, homemade chipped potatoes or ½ & ½ mixed leaf & pepper side salad, poppadum & mango chutney on the side 13.50

Black Lion Beef Burger in a Bun with homemade chipped potatoes, mixed leaf & pepper side salad & tomato relish on the side 10.90
Add Teifi Cheese And Or Treacle Cured Bacon 1.00 each (GF Option Available)

Beef Lasagne with homemade chipped potatoes mixed leaf & pepper side salad 12.90

Vegetarian Mixed Bean Chilli ½ rice ½ chips, mixed leaf & pepper side salad, sour cream & guacamole (V) (GF) (VG) (DF) 12.90

Slow Cooked Beef Chilli with ½ rice ½ chips, mixed leaf & pepper side salad, sour cream & guacamole (GF) (DF) 15.50

Vegetable Tagine served with couscous (V) (GF) (VG) (DF) 12.50

Linguine Pasta with pancetta, courgette, tomato & basil sauce, parmesan & garlic bread 12.50

Vegetarian Linguine Pasta with spinach & courgette in tomato & basil sauce, parmesan & garlic bread (V) 12.50

Mains

Hunters Chicken Burger In A Bun (Cheese, Bacon & BBQ Sauce) with homemade chipped potatoes, mixed leaf & pepper side salad 12.60 (GF Option Available)

Grilled Organic Teifi Halloumi in a Bun with baked mushroom, beetroot, roasted vegetables, tomato, homemade chipped potatoes, mixed leaf & pepper side salad & tomato relish on the side (V) 11.90 (GF Option Available)

Deep Fried Crusted Scampi with homemade chipped potatoes, mixed leaf & pepper side salad, lemon wedge & tartar sauce 12.90 (DF)

Deep Fried Beer Battered Cod Fillet homemade chipped potatoes, lemon wedge, minted peas & tartar sauce 13.90

From The Grill

Our Steaks & Gammons Are Hand Cut All Weights Are Approx.

10oz Sirloin Steak 24.90

10oz Rump Steak 19.50

14oz Gammon Steak served with a fried egg and pineapple salsa 13.90

All Served With Onion Rings, Tomato, Flat Mushroom Either

Homemade Chipped Potatoes, New Or Jacket Potatoes.

Sauces 2.90 each

Black Pepper

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Diane

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Stilton

Sides Orders

Steamed Vegetables 3.00 (V) (GF) (VG)

Onion Rings 2.20

Garlic Bread 3.00

Homemade Chipped Potatoes 3.20

Coleslaw 1.70

Black Lion Side Salad 3.00 (V) (GF) (VG state when ordering)

For The Little Ones 5.90

Homemade Beef Lasagne

Chicken Goujons (DF)

Fish Goujons (DF)

Sausage

Scampi (DF)

Glamorgan Sausage (Leek & Cheese) (V)

Approx. 6 -7oz Gammon Steak & Onion Rings 7.90

All of the above served with homemade chipped potatoes, baked beans or garden peas

Pasta served with homemade tomato sauce & pot of cheese

Fish Fingers GF DF - only served with homemade potato wedges, baked beans or garden peas
For Gluten Free Diets Only as we have limited stock - for 'normal fish fingers order Fish Goujons

Homemade Desserts 5.90

Available 12-3pm 5-8pm

White Chocolate Mousse Served With Strawberries & Biscotti (contains pistachio)

Baked Lemon Cheesecake served with Raspberry Compote & Vanilla Ice-cream

Apple & Summer Berry Crumble Served with Vanilla Ice Cream

Mario Ice-Cream Selection 1.80 per scoop (GF)

Chocolate

Vanilla

Strawberry

Mango Sorbet